

## Monthly Meetings

General meetings are normally held on the fourth Friday each month from 2pm to 4pm.

**Doors open at 1.35pm**

**Entry (including refreshments):**

**Members free, waiting list £1.50, guests £2**

**Friday 24th May**  
**Proprietors of Winterdale Farm on**  
**“Cheesemaking”**

**Friday 28<sup>th</sup> June**  
**Social Afternoon**  
**Music by**  
**Richard Sutton & Barbara Snow**  
**Featuring songs made popular by Norah**  
**Jones and Karen Carpenter**

## Activity Sessions

Entry (including refreshments) Members £1,  
Waiting list £1.50, Guests £2

Sessions are held Fridays between 1.30 to 4.00pm  
On dates below

**May**

**Fridays 3<sup>rd</sup>, 10<sup>th</sup> and 17<sup>th</sup>**

Art Group/Kurling/Craft/Short Matt Bowls

**31<sup>st</sup> May QUIZ**

**June**

**Fridays 7<sup>th</sup>, 14<sup>th</sup> and 21<sup>st</sup>**

Art Group/Kurling/Craft/Short Matt Bowls

## Rambles

Our last ramble along the sea wall at Allhallows was very pleasant. It was flat and hardly muddy but we did have to negotiate one or two stiles and were watched on security CCTV when we got lost amongst the caravans. Best of all the weather was kind and the Thames looked almost like the Mediterranean.

### **Sunday 28th April – Percy’s Ramble**

Meet at 10.30 am in the car park of the Golden Lion, Luddesdown for a circular walk of approx. 3 miles. Lunch at the Golden Lion. Please let Percy know if you require lunch.

### **Wednesday 8<sup>th</sup> May – Ranscombe Farm**

Meet in the car park opposite the Council refuse tip on Cuxton Hill at 11.00 am for a circular walk of approx. 3 miles across fields and farmland. Back to cars and on to the White Hart at Cuxton for lunch around 12.45 pm

### **Wednesday 15<sup>th</sup> May – Local Ramble**

Meet at the Gardeners Arms at 11 am for a circular walk ending up back at the pub for lunch around 12.30 pm.

### **Wednesday 5th June – Malta Inn to Maidstone.**

Meet at 11.00am in the car park of the Malta Inn, Allington Lock Maidstone ME14 3AS for a walk alongside the Medway to Maidstone and return to the Malta for lunch.

**Sunday 9<sup>th</sup> June - Charity Walk for Cancer Research – North Downs (in place of Percy’s Ramble)** The Rotary Club of the Weald of Kent are organising this event. Check-in between 8 a.m. and 11 a.m. at Harrietsham Village Hall, ME17 1AP. Non-sponsored walkers welcome. Suggested donation of £15 to participate. This is a 1, 3, 6 or 9 mile walk and most of the HiARA Ramblers seem keen on the 3 mile walk. To register or for more info visit [www.wealdofkentrotary.or.uk](http://www.wealdofkentrotary.or.uk) or call 07519320919.

*Non-walkers are very welcome to meet up with walkers for the pub lunch and prior notice would be appreciated. Please note that all ramblers walk at their own risk and non-members are reminded they are not covered by HiARA's third party insurance. If you have any queries about the walks please do not hesitate to give Janet a call on 01474 824221 or 07849884563.*

### **HiARA Committee Members**

Chairperson	Liz Jeffery	01474 747090
Treasurer	Ian Robinson	01634 718460
Secretary	Joyce Evans	01634 305705
Membership	Jenny Mount	01474 356785
Activities	Rod Stockford	01634 221956
Publicity	Pat Oakshott	01474 822771
Events	Iris Buss	01474 491912
Events	Jan Morriss	01474 822775
Newsletter	George Tharby	01634 221579
Speakers	Sonja Greenwood	07882 896487

If you have any comments, please contact the relevant committee member.

## DATES FOR 2019

<b>*May 26<sup>th</sup>*</b>	Iona Horse Drawn Barge and Cream Tea – Morning in Guildford	£41
<b>June 14th</b>	Herne Bay and Whitstable with fish and chips	£30
<b>September 4th</b>	Broadstairs with a Carvery Lunch	£30
<b>September 24th</b>	Crayford Stadium	£38
<b>October 22nd</b>	Autumn Tints Drive with a 3 course meal at “The Moorings”	£36
<b>December 19th</b>	Winchester Christmas Market	£27

\*\*\*\*\*Please note date change from the 12<sup>th</sup> May to 26<sup>th</sup> of May\*\*\*\*\*

Jan and Iris will not be at the main meeting in May. Therefore any bookings for Herne Bay and Whitstable outing must be paid for by 3<sup>rd</sup> May.

Any deposits for the Greyhound evening should be paid for by the June meeting with the balance £28 paid by the July meeting. The greyhound racing is an evening event and not a day out as mentioned in the last newsletter.

### Quiz

The quiz held on 31<sup>st</sup> March was won by the team of Eddie Barnes, Peter and Carole Pain, Sonja Greenwood, George Tharby and Ingrid Dalton-Brown who were proud winners of chocolate Easter bunnies.

### March Meeting

At our meeting on March 22, members were intrigued by a talk on “The Theory of Self Belief” by Paul Harris. Starting in his early years by purchasing a semi-detached house with 2 tenants! He persuaded the Building Society that the rents would pay the mortgage. (Belief in yourself). Paul gave several examples of famous people who had had very poor upbringings, yet who took every opportunity to help themselves “up the ladder”, these included Oprah Winfrey, Albert Einstein and Richard Dawkins. All these people had a self-belief in themselves. Paul related how the Criterion Theatre, Blue town, Sheerness came into being, from a derelict warehouse to a very popular venue, all due to the hard work and self-belief of two people. Paul is a published author and a well-known theatrical personality, whose motto appears to be: positivity makes things happen! With all the publicity about eating well and keeping fit, perhaps we should all join Janet and Percy on their regular rambles and lunches over the coming spring and summer on their very successful jaunts locally and around Kent. All our other activities are well supported with more and more members attending the various sessions every Friday. Along with the successful book stall and cake and craft sales every month it was lovely to welcome several new members to our meetings in March. A cheque for £750.00p was presented to Martin Reeves, representing the Friends of the Wisdom Hospice, who outlined improvements the money would assist with and stated how grateful the Friends of the Wisdom Hospice are for our help.



**Pat Oakeshott**

*Hara Media and Publicity*

John Wheatley was presented with a cheque for Eleanor Hospice of £150.



Rita Hunter and a representative from PHAB Gravesend were presented with a cheque for £150.

