

## Monthly Meetings

General meetings are normally held on the fourth Friday each month from 2pm to 4pm.

**Doors open at 1.35pm**

**Entry (including refreshments):**

**Members free, waiting list £1.50, guests £2**

**Friday 22nd March**

## “Believe”

Paul Harris on his new book

**Friday 26<sup>th</sup> April**

## AGM

## Activity Sessions

Entry (including refreshments) Members £1,  
Waiting list £1.50, Guests £2

**Sessions are held Fridays between 1.30 to 4.00pm**

**On dates below**

**March**

**Fridays 1<sup>st</sup>, 8<sup>th</sup> and 15<sup>th</sup>**

Art Group/Kurling/Craft/Short Matt Bowls

**29<sup>th</sup> March**

# QUIZ

**April**

**Fridays 5<sup>th</sup> and 12<sup>th</sup>**

Art Group/Kurling/Craft/Short Matt Bowls

**In case of inclement weather, please contact a committee member.**

## Rambles

Now that winter is upon us, if the weather is bad, i.e. heavy rain or snow, on the day of a ramble, please call Janet or Percy to check whether the walk will go ahead or be cancelled. Also rambblers are reminded to let Percy know if they are likely to want lunch after his rambles. Please note that for various reasons, and I hope everyone will approve, our local walks will now start and finish at The Gardeners Arms, Higham.

Here our plans for the next couple of months.

### Wednesday 6<sup>th</sup> March – Teston Lock/Wateringbury

Meet in the car park at Teston Lock at 11 am (fee payable) for a walk towards Wateringbury. Lunch afterwards at the Red Star Inn East Barming (turn left at war memorial if approaching from Teston).

### Wednesday 20<sup>th</sup> March - Local Ramble

Meet at the Gardeners Arms at 11 am for a circular walk ending up back at the pub for lunch around 12.30 pm,

### Sunday 24<sup>th</sup> March – Percy’s Ramble

Meet at 10.30 am in the car park of the Red Dog, High Halstow for a circular walk of approx 3 miles. Back to the pub for lunch at around 12.45 pm.

### Wednesday 3<sup>rd</sup> April – Allhallows and High Halstow

Meet at 11 am in the road outside The Pilot pub at Allhallows for a walk out to the sea wall, through the caravan park and back to the cars to go on to the Red Dog, High Halstow, for lunch at around 12.45 pm.

### Wednesday 17<sup>th</sup> April – Local Ramble

Meet at the Gardeners Arms at 11 am for a circular walk ending up back at the pub for lunch around 12.30 pm.

*Non-walkers are very welcome to meet up with walkers for the pub lunch and prior notice would be appreciated. Please note that all rambblers walk at their own risk and non-members are reminded they are not covered by HiARA's third party insurance. If you have any queries about the walks please do not hesitate to give Janet a call on 01474 824221 or 07849884563.*

### HiARA Committee Members

Chairperson	Liz Jeffery	01474 747090
Treasurer	Ian Robinson	01634 718460
Secretary	Joyce Evans	01634 305705
Membership	Jenny Mount	01474 356785
Activities	Rod Stockford	01634 221956
Publicity	Pat Oakshott	01474 822771
Events	Iris Buss	01474 491912
Events	Jan Morriss	01474 822775
Newsletter	George Tharby	01634 221579
Speakers	Sonja Greenwood	07882 896487

If you have any comments, please contact the relevant committee member.

## DATES FOR 2019

<b>March 5th</b>	Afternoon Tea at the College	£7.50
<b>March 9th</b>	Race Night including Fish and Chips or Sausage and Chips If you have not been to a Race Night before give it a try, you will find in great fun!	£10
<b>April 17th</b>	Eltham Palace and Greenwich English Heritage Members £24	£32
<b>May 12th</b>	Iona Horse Drawn Barge and Cream Tea – Morning in Guildford	£41
<b>June 14th</b>	Herne Bay and Whitstable with fish and chips	£30

Payments are due when you put your name down.

Please try and support these events, the success of the club depends on you.

## Charity for 2019-20

Members will be given the opportunity at the February main meeting to propose a charity for the club's support for the next year.

## January Meeting

"Fraud Awareness" was the subject at the January meeting of HiARA.

Nationwide Building Society's "Take Five" project was given by Kim Randall and three members of the Gravesend branch.

Aided by several short films giving instructions of how people are parted from their savings, which resulted in £148 million pounds being stolen by scams in the first six months of 2017. The team proceeded to show how very many ways crooks can dupe people. These included: charity scams in streets (bogus), telephone frauds - very easy if you are not aware and give your bank number, credit card deception - never give your PIN number out, refund scams - on items bought online, health scams -prepaid treatment, investment offers where many of the various ways rogues can part you from your cash. The team emphasised that every branch has a fraud department to try to help you and stop these various scams and frauds. Branches of banks never ring and ask you for your information – they have already got it. If anyone rings and purports to be from a bank, put the telephone down and ring your bank back after five minutes to check. Your credit cards are protected, so keep them safe and be careful in shops and public place where there are crowds.

This was a very informative afternoon making us all aware of how easily this can happen to us all.

### **Pat Oakeshott**

HiARA Media and Publicity

## SECRETARY

From the AGM, our secretary will no longer be able to continue in the role; therefore we will need someone to take her place with good computer skills and a sense of humour. If a secretary is not found then the club will not be able to continue. Any more information required, please speak to Liz the Chairperson.

